

MoNdAy FuNnIeS

21 May 2007

From Cordell & Janice Vail

The MoNdAy FuNnIeS were started on the 22nd of Sept 1997.
That is 10 years of trying to help you smile every Monday Morning.

Now that is a lot of smiles!

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WERE YOU UNINTENTIONALLY DROPPED FROM THE MAILING LIST?

If you change your email address please let us know. Just send us THE OLD ONE and THE NEW ONE (so we can delete the old one from the list). If you stop getting the MoNdAy FuNnIeS for any other reason, and you still want them, please email us and let us know!

And we certainly would not want you to start having FuNnIeS WIth HDraL during the week, so past issues can be seen on line at:
www.mondayfunnies.com

Wisdom For The Week:

It is never too late to prepare,
until it is too late.

Then it is too late!
Cordell Vail

M o N d A y



F u N n I e S

"Where did I come from Mommy? Asked a concerned 6 year old.

Thinking this was a good moment to explain the facts of life, her mother gave her a thirty minute discourse on the birds and the bees, and everything else that seemed to be important for a six year old to know.

Then when the mother finished, she asked, "Now Sweetheart, do you understand where you came from?"

The 6 year old replied with a puzzled look on her face, "I... I... I... guess. I just wondered, because Jenny, my new friend at school said she came from Texas".

Consumer **TipS**

(Contributed by Arlene Burg...Thanks Arlene. Nice to have friends who are nurses. Especially for those of us who are 50+)

Shingles is caused by the reactivation of the chickenpox virus. The pain in the nerves can be so severe that even the touch of soft clothing against the skin can hurt.

Most of the people with shingles are in their 60s, 70s and 80s, according to the National Institute on Aging. One of every two who live to 85 will get shingles.

For more information

* New educational campaign at www.spotlightonshingles.com. A free brochure will be available on the Web site or by calling (877) 747-5474.

* National Institute on Aging at nihseniorhealth.gov/shingles/toc.html.

Sources: National Institute on Aging and www.spotlightonshingles.com.

Emergency Preparedness



TIPS

I have added a lot of stuff to our new emergency preparedness web page at:
www.goldenmailbox.com/ep

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### FEED BACK:

Hello Uncle Cordell,

Your web site looks great and has so much useful info. The gardening area is my favorite right now since we are in a planting mode. I am looking forward to the rest of the links for emergency preparedness, water storage, etc, but 40 extra hours this week!! When did you sleep?? We are patient. Take care of yourself, and know that we appreciate your wisdom, resourcefulness, and experience. Have you considered putting a fire safety section eventually? So many lives could be saved if working smoke detectors are installed and a family fire exit plan is in place. Just a suggestion.

With love,  
Linda Perkes

THANKS LINDA... THAT IS A GOOD ONE TO ADD... I WILL WORK ON IT. IF YOU HAVE ANY IDEAS OR SUGGESTIONS RELATED TO FIRE SAFETY PLEASE SEND THEM TO ME AND I WILL ADD THEM IN.... Unk Cv

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Make it a wonderful and happy week!!!!  
The happy friends in your life,  
Cordell & Janice Vail  
[www.cordellvail.com](http://www.cordellvail.com)

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CLICK HERE TO GO TO:

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