

# MoNdAy FuNnIeS

01 Jan 2007

From Cordell & Janice Vail

The MoNdAy FuNnIeS were started on the 22nd of Sept 1997.  
That is 10 years of trying to help you smile every Monday Morning.

Now that is a lot of smiles!

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Archives of past MoNdAy FuNnIeS are at  
<http://www.mondayfunnies.com>

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Happy New Year to one and all. May this be the best year of  
your life (SO FAR!)

The Vail's

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## Wisdom For The Week :

Our health is one of the most precious gifts that we have. But  
sadly most of us don't appreciate it until it is lost.

Cordell Vail

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# MoNdAy FuNnIeS

We all need a 5 year plan for goal

**setting. Right?**

**Well here is the normal  
5 year evolution of our  
NEW YEAR'S RESOLUTIONS**

- . 2003: I will read at least 20 good books a year.**
- . 2004: I will read at least 10 books a year.**
- . 2005: I will read 5 books a year.**
- . 2006: I will read some articles in the newspaper this year.**
- . 2007: I will try and finish the Sunday Comics section each week.**
  
- . 2003: I will get my weight down below 170.**
- . 2004: I will watch my calories until my weight is below 200.**
- . 2005: I will follow my new diet until I get below 220.**
- . 2006: I will work out once a week.**
- . 2007: I will drive past a gym at least once a week.**
  
- . 2003: I will pay off my bank loan promptly.**

- 2004: I will pay off my bank loans promptly.
- 2005: I will be totally out of debt by next year.
- 2006: I will try to pay off the debt interest by next year.
- 2007: I will try to be out of the country by next year.

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## Consumer Tips

True Emergency Preparedness tip for movie watchers:

We are all playing CD's and DVD's this time of year. I may have told you this one before but if you have one that starts skipping, put some plain peanut butter on it and then wipe it clean with a tissue. The peanut oil will seal up the scratch and in most cases make it play normal again. You can of course buy stuff at the store that will do that too, but at 11:30 p.m.

watching your favorite movie with friends on  
New Years Eve you may not want to go to the  
store to buy it.  
So there you go.



Consumer web page: [www.goldenmailbox.com](http://www.goldenmailbox.com)



Make it a wonderful and happy week!!!!  
The happy friends in your life,  
Cordell & Janice Vail  
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