

# MoNdAy FuNnIeS

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From Cordell & Janice Vail

Our 10th year of trying to help you smile every Monday Morning

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## Wisdom For The Week :

Harboring bad feelings  
and getting revenge because of those bad feelings  
has one purpose....

Destroy everything it touches!

Cordell Vail

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OK... I guess we can start with the Christmas jokes now.....

What people actually hear in the Christmas Carols playing over the sound system in a psychiatrist office waiting room

1. **Schizophrenia** --- Do You Hear What I Hear?
2. **Multiple Personality Disorder** --- We Three Kings Disoriented Are



## **MAKING LETTUCE LAST LONGER:**

I have quite by accident discovered a wonderful cooking secret.

When ever we bought a head of lettuce the first thing that I did was ALWAYS cut the core out because it is so bitter. I thought it would make the lettuce not taste so bitter as we used it.

But for some reason the last few times I just started cutting the lettuce off the bottom an left the core in. Why dose that matter? Well I used to notice that after I cut the core out then the lettuce down in the middle where the core had been would spoil much quicker than the outside leaves. Some times within one or two days. Now that I am leaving the core in, the lettuce in the middle does not spoil and contrary to what I thought, the lettuce does not taste any more bitter with the core left in than when I used to cut it out. Now I can keep a head of lettuce I have cut into for over a week and it is still good all the way through. I guess the core continues to feed moisture to the leaves and they go on living and staying fresh.

Maybe that is a silly little thing to discover, but it seemed like a "NICE TO KNOW" thing to me. Give it a try and tell me if you agree.... Cv



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