

MoNday FuNnIeS

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From Cordell & Janice Vail

Our attempt to help you smile every Monday Morning

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Wisdom For The Week :

(Contributed by Ali Johnson..... Thanks Ali)

A lecturer, when explaining stress management to an audience, raised a glass of water and asked, "How heavy is this glass of water?"

Answers called out ranged from 20g to 500g.

The lecturer replied, "The absolute weight doesn't matter. It depends on how long you try to hold it. "If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. "In each case, it's the same weight, but the longer I hold it, the heavier it becomes."

He continued, "And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden. So, before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow. Whatever burdens you're carrying now, let them down for a moment

if you can. Relax; pick them up later after you've rested. Life is short. Enjoy it!"

A truly happy person is one who can enjoy the scenery on a detour. And remember to live simply, love generously, care deeply, speak kindly, and leave the rest to God.

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(Contributed by Sue Benson..... Thanks Sue)

The Lawyer & The "person with no gender and no hair color"

A lawyer and a "person with no gender and no hair color" happen to be sitting next to each other on a flight from LA to New York. The lawyer leans over to the "person with no gender and no hair color" and asks if she would like to play a fun game.

The "person with no gender and no hair color" is tired and just wants to take a nap, so politely declines and turns over to the window to catch a few winks.

The lawyer persists, saying that the game is really easy and a lot of fun.

He explains how the game works. "I ask you a question; and, if you don't know the answer, you pay me and vice-versa."

Again, the "person with no gender and no hair color" politely declines and tries to get some sleep.

The lawyer figures that since his opponent is a "person with no gender and no hair color" he will easily win the match, so he makes another offer. "Okay, how about this. If you don't know the

answer, you pay me only \$5; but, if I don't know the answer, I will pay you \$500."

This catches the attention of the "person with no gender and no hair color" and figuring that there will be no end to this torment unless they play the game, the "person with no gender and no hair color" agrees to play the game.

The lawyer asks the first question. "What's the distance from the Earth to the moon?"

The "person with no gender and no hair color" doesn't say a word, pulls out a 5-dollar bill, and hands it to the lawyer.

Now, it's the turn of the "person with no gender and no hair color", saying to the lawyer, "What goes up a hill with 3 legs, and comes down with 4?"

The lawyer looks puzzled. He takes out his laptop computer and searches all his references. He taps into the air-phone with his modem and searches the Net and even the Library of Congress.

Frustrated, he sends e-mails to all his coworkers and all of his friends.

All to no avail. After over an hour of searching for the answer he finally gives up. He wakes the "person with no gender and no hair color" and hands over the \$500.

The "person with no gender and no hair color" politely takes the \$500 and turns away to go back to sleep.

The lawyer, who cannot imagine what the answer is, is going nuts trying to figure it out. He is more than a little frustrated. He wakes the "person with no gender and no hair color" and asks, "So?"

What does go up a hill with 3 legs and come down with 4?"

The "person with no gender and no hair color" takes out \$5 and hands it to lawyer and goes back to sleep.

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**FUNNIES FEEDBACK**

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Cordell and Janice

I get all of them through ICU and then blanks.
Thanks for brightening up my day, my week, my life! You two are awesome!

Mary

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Interestingly, I could not see the pictures until I pressed "Reply" to let you know I couldn't; then I could see them under my reply.

love, Lisa`

~~~~~

I didn't get the pictures.

Neil

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Hey Cordell,

The first half of the pix came through fine but the remainder didn't. I guess that's better than none at all. Cheers,

John

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Nothing received! No pictures! Just this part of a page.

Dixie

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Thanks for all the feed back and OK I get it..... no more picture jokes:

Cordell

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Consumer Tips

DUSTING:

A soft, dry paintbrush cleans hard-to-get-at places like pleated lamp shades and the corners of bookshelves.



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