

MoNdAy FuNnIeS

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From Cordell & Janice Vail

Our attempt to help you smile every Monday Morning

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Wisdom For The Week :

It seems strange living in Washington State to not have a 24th of July celebration each year. In Utah the 24th of July Pioneer Days Celebrations were actually a bigger holiday than the 4th of July. It was a good reminder each year of what our ancestors have done for us to give this wonderful land of freedom to live in. I miss that reminder each year. So I guess I am writing this to remind all of us to be thankful in our prayers tonight for the Patriots and Saints of the past who have carved out this life of freedom and prosperity for us. Some of them with their very lives.

Cordell Vail

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(contributed by Linda Perkes.... Thanks Linda for the reminder)

A well-poised and proud man, who is fully dressed each morning by eight o'clock, with his hair fashionably coifed and shaved perfectly, even though he is legally blind, moved to a nursing home today. His wife of 70 years recently passed away, making the move necessary. After many hours of waiting patiently in the lobby of the nursing home, he

smiled  
sweetly when told his room was ready.

As he maneuvered his walker to the elevator, I provided a visual description of his tiny room, including the eyelet sheets that had been hung on his window.

"I love it," he stated with the enthusiasm of an eight-year-old having just been presented with a new puppy.

"Mr. Jones, you haven't seen the room; just wait."

"That doesn't have anything to do with it," he replied.

"Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged ... it's how I arrange my mind. I already decided to love it. "It's a decision I make every morning when I wake up. I have a choice; I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of bed and be thankful for the ones that do.

Each day is a gift, and as long as my eyes open I'll focus on the new day and all the happy memories I've stored away. Just for this time in my life.

Old age is like a bank account. You withdraw from what you've put

in.

So, my advice to you would be to deposit a lot of happiness in the bank account of memories! Thank you for your part in filling my Memory bank.

I am still depositing." Remember the five simple rules to be happy:

1. Free your heart from hatred.
2. Free your mind from worries.
3. Live simply.
4. Give more.
5. Expect less.



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(Contributed by Chris Anderson.... Thanks Chris...)

THIS MAY COME AS A SURPRISE TO THOSE OF YOU NOT LIVING IN LAS VEGAS, BUT THERE ARE MORE CATHOLIC CHURCHES THAN CASINOS.

NOT SURPRISINGLY, SOME WORSHIPPERS AT SUNDAY SERVICES WILL GIVE CASINO CHIPS RATHER THAN CASH WHEN THE BASKET IS PASSED.

SINCE THEY GET CHIPS FROM MANY DIFFERENT CASINOS, THE CHURCHES HAVE DEVISED A METHOD TO COLLECT THE OFFERINGS.

THE CHURCHES SEND ALL THEIR COLLECTED CHIPS TO A NEARBY FRANCISCAN MONASTERY FOR SORTING AND THEN THE CHIPS ARE TAKEN TO THE CASINOS OF ORIGIN AND CASHED IN.

THIS IS DONE BY THE CHIP MONKS.

YOU DIDN'T EVEN SEE IT COMING, DID YOU?



### Reader Feedback:



I love the senility prayer...that's hilarious!

Lisa

~~~~~  
Cordell, I don't know John, but I was trying to imagine anyone named John getting into his leotard, then realized it could just as easily be meant for ME!

Thanks for making me smile (yes I open it when it comes, not on Mondays).

Love you!

Sue

Consumer TipS

When it is hot hot..... hot....

Here are some things you can do to help stay cool:

- 1.
- 2.
- 3.
- 4.

Well I could not think of any. Any suggestions?



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