

# MoNdaY FuNnIeS

17 July 2006

From Cordell & Janice Vail

Our attempt to help you smile every Monday Morning

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## Wisdom For The Week :

You greatest wealth is inside you, not in your bank account!

Cordell Vail

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## MoNdaY FuNnIeS

(contributed by John Bernhard.... Thanks John for reminding us how old WE are!)

AGE....

I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But by the time I got my leotards on, the class was over.

--- A reporter interviewed a 104-year-old woman.  
"And what do you think is the best thing about being 104?"  
the reporter asked.  
She replied, "No peer pressure."

--- One of the nice things about being senile is you can hide your own Easter eggs.

--- Just before the funeral services, the undertaker came up to the very elderly widow and asked, "How old was your husband?"

"98," she replied. "Two years older than me."

"So you're 96," the undertaker commented.

She responded, "Yes. Hardly worth going home, is it?"

--- I've sure gotten old. I've had two bypass surgeries, a hip replacement, new knees. Fought prostate cancer and diabetes. I'm half blind, can't hear anything quieter than a jet engine, take 40 different medications that make me dizzy, winded, gassy, and subject to blackouts. Have bouts with dementia. Have poor circulation; hardly feel my hands and feet anymore. Can't remember if I'm 85 or 92. I've lost all my friends, but, thank Goodness, I still have my driver's license.

--- An elderly woman decided to prepare her will. She told her preacher she had two final requests. First, she wanted to be cremated, and second, she wanted her ashes scattered over Wal-Mart.

"Wal-Mart?" the preacher exclaimed "Why Wal-Mart?"

"Then I'll be sure my daughters visit me twice a week."

---My memory's not as sharp as it used to be. Also, my memory's not as sharp as it used to be.

--- Know how to prevent sagging? Just eat until the wrinkles fill out.

---It's scary when you start producing the same noises as

your coffee maker.

---These days about half the stuff in my shopping cart says,  
"For fast relief."

---Don't let aging get you down. It's too hard to get back  
up.

--- Remember: You don't stop laughing because you grow old,  
You grow old because you stop laughing.

- --THE SENILITY PRAYER:

Grant me the senility to forget the people I never liked  
anyway, the good fortune to run into the ones I do,  
and the eyesight to tell the difference.



## Consumer Tips

Watering your garden with a drip hose will save about 80% of the  
water.

That will more than pay for the cost of the hose in one summer.  
Also it is best to water your lawn in the morning not at night and it  
is better to water once for a really long time rather than 2 or 3  
shorter times. That sends the roots down deep where they last  
longer in dry weather and don't need as much water.



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