

MoNdAy FuNnIeS

28 Oct 2002 - From Cordell & Janice Vail

Our attempt to help you smile every Monday Morning

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## Wisdom For The Week :

I belong to *PEP-C (Peninsula Emergency Preparedness Committee)* and I thought this "WISDOM" from them would be worth passing along to all of you on this day light savings time of year.....

Cv

### Change more than just your clocks, twice a year

Change is in the wind, the weather, and in the length of day. Each Spring and Fall we change our clocks to or from daylight savings time. But this twice-a-year exercise is also a good reminder to change other things as well.

You've been told to change or check your smoke alarm and CO detector batteries at this time. Well, add a few more changes to your list:

- Change your emergency water supply you have stored. All water except the 5-year pouches should be changed and replaced every six months according to FEMA.
- You are rotating your emergency food supply as you purchase new items, but this is a good time to recheck it and be sure items with expiration dates are used soon. Again, the same goes for your car kit and office kit. Except for long-life specialty items like MRE's and 2400 Calorie food bars, your emergency foods should be primarily those your family likes to eat, so using them up in rotation should be easy. Remember to rotate your emergency pet food also.
- Lay in a new supply of batteries. We used to say in the freezer but any source of moisture could damage them. They have a seven year

shelf life, so should be fine in your "cool dry place".

- Check your first aid supplies. Check for any medications or supplies that expire in potency. You should be rotating your prescription medications as you purchase them. But now is a good time to take inventory and be sure your emergency supplies are fresh.
- Eyeglasses: One of the biggest needs after recent disasters was prescription medications and glasses. (By the way, watch where you put your glasses at night. If there is a big quake, will they end up across the room in the rubble?)
- Update your emergency information everyone in your family carries. Have your work phone numbers changed? Do you have a new cell phone or pager number? Is your out-of-area emergency contact on board with all the changes and does everyone have current info to reach your contact person? Has someone bought a new car? Do you have your kids' auto descriptions and license numbers if you need to search for them? How about current pictures?
- Now is also a good time to update your household inventory and insurance information you keep in your safe-deposit box or freezer. You will need this information in case of a loss.
- The change of seasons is a reminder to be sure your car kits have warm clothes (that still fit) in case you get stuck somewhere on the road. Very few nights in Western Washington are out of hypothermia range even in summer.

So change your clocks and be prepared for whatever comes our way.

*PEP-C (Peninsula Emergency Preparedness Committee)*

Preparedness is an act of love; prepare because you care

Email *PEP-C* at: [prepare@pep-c.org](mailto:prepare@pep-c.org)

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A Joke A Day Will Keep The Frowney Fairy Away

Monday

A woman gives a beggar 50 cents; the woman is the beggar's sister, but the beggar is not the woman's brother. How come?

Tuesday

A couple of hunters are out in the woods when one of them falls to the ground. He doesn't seem to be breathing. His eyes are rolled back in his head. The other guy whips out his mobile phone and calls the 911 emergency services. He gasps to the operator: "My friend is dead! What can I do?" The operator, in a calm soothing voice, says: "Just take it easy. First, let's make sure he's dead." There's silence, then a shot is heard. The guy's trembling voice comes back on the line. He says, "Okay, now what?"

Wednesday

One night a father sent his kid to bed. Five minutes later the boy screamed, "Dad! Can you get me a glass of water!?" "No. You had your chance." A minute later the boy screamed "Dad!! Can you get me a glass of water?" "No. You had your chance. Next time you ask I'll come up there and spank you." "Dad! When you come up to spank me can you bring me a glass or water?"

Thursday

"Have you heard my knock-knock joke?" asked the blonde. "No," said the brunette. "Okay," said the blonde, "you start."

Friday

Innocence Is Bliss

Henry Eyring a famous US scientist was coming through customs from Mexico and was asked by the Agent, "Sir, do you have any pornography in your luggage".

Mr. Eyring replied, "Pornography, why I don't even have a Pornographer".



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